

EverydayStress:

LOVE & CONSEQUENCES

BY

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Abandonment:

You will never forget
those who should have
loved you.

Abstinence:

Private decisions
do not require
public declarations.

Abuse:

If all you know is abuse
from the ones who should
have loved you.

You will seek out abusive
people to love you.

Acceptance:

There comes a time when
there is no need to impress
or be impressed.

Accounting:

There is a dark desire to keep track of every perceived slight and injustice to be brought up at a later date.

Acting:

You will never see better acting than when you see two ex'es in a formal setting.

Addiction:

Addiction destroys more
than one life.

Admission:

No one likes to admit
they are living a lie.

Adultery:

You would think taking an oath:
before friends, before family,
and before God would keep
people faithful, but it doesn't.

Affirmation:

There may be no
greater affirmation
than the love of family.

Aging:

Some people will
never forgive others
for growing old.

Alchemy:

Physical relationships
look like love.

Ambition:

If someone did not have ambition when you first met, they aren't going to have it.

Analysis:

“The Perfect Person” for you,
may not be “The Right Person.”

Anomaly:

Marriage has long been a business arrangement for most of human history. Now marriage is seen as “the emotional completion” of a person.

Anxiety:

You can tell a lot about a person by how they handle their problems.

Appearance:

Some people cannot
get past appearance
and get what they deserve.

Attrition:

Some people do not get
the love they deserve.

Auction:

The choice of a partner is based on: physical, emotional, and financial resources. Love like any other commodity often goes to the highest bidder.

Availability:

Every moment spent with
the wrong person keeps you
from the right person.

Avoidance:

You often do not state
your true opinion to
avoid confrontation.

Bacchanal:

Some people consider getting drunk and having sex with strangers as a rite of passage for marriage.

Balance:

There is a fine line
between time away
and time together.

Betrayal:

There is no betrayal
like infidelity.

Blame:

There is a tendency to blame others for problems that will follow you into your next relationship.

Boredom:

Boredom is just
a matter of time.

Calculus:

The hardest question to ask:

“Are you better off without them?”

Capacity:

Promiscuity will destroy
your capacity for intimacy.

Caution:

When someone warns you about themselves, believe them.

Caveat:

There is no such thing
as unconditional love.

Charity:

You can tell a lot about a person by their opinions and actions concerning charitable giving.

Chemistry:

Your decisions are influenced by your biology more than you may care to admit.

Chess:

Children become pawns
in damaged relationships.

Children:

If your parents abused or neglected you, this is your chance to be the parent you always wanted.

Chivalry:

There is a silent understanding
that a man will defend
a woman in peril.

Choice:

Ending a pregnancy
gives birth to a new
set of problems.

Circumstance:

Do not fixate on the conditions
by which you met, just be happy
that you met.

Clarity:

Sometimes love
just makes sense.

Closure:

The demand for an explanation
is really a plea for an apology.

Coincidence:

Some people find meaning
in the meaningless.

Commitment:

Love demands proof.

Compatibility:

One kiss will tell you
all you need to know.

Competence:

Only good people wonder
if they will be good parents.

Competition:

Some people will do whatever it takes for any kind of attention.

Complacency:

Relationships routinely end
over routine.

Complexity:

The best relationships
strive for simplicity.

Complications:

No matter how uncomplicated,
relationships will
complicate your life.

Compliments:

People need to know what they are doing right.

Composure:

If you do not like challenges,
do not get married or
have children.

Compromise:

You will resent others when
you compromise yourself.

Compulsion:

The promiscuous are chasing
a feeling that has dissipated.

Concealment:

People who try too hard to appear perfect have something to hide.

Conclusion:

Emotional isolation is
the logical conclusion
to promiscuity.

Confession:

Buried truths are
finally revealed.

Conflict:

Conflict in your relationship
arises from your desire
to control.

Confrontation:

How a problem is confronted will dictate the success or failure of any type of relationship.

Confusion:

Your loneliness is often confused with your sexuality as you fumble in the dark looking for a human connection.

Consent:

Sex is an expressed and implied agreement that may not be fully understood.

Consequence:

Some people have no conception of where their behavior will lead.

Contemplation:

There are worse things
than being alone.

Context:

Your friends influence you more than you may understand.

Contingency:

You have to make decisions
about what will happen
when you die,
no matter how unlikely
this may seem to you.

Control:

You will only resent
those who make you
feel dependent.

Conversation:

The inability to properly listen is the Achilles heel of any relationship.

Conversion:

Unfortunately it often takes something catastrophic to change your behavior.

Corruption:

Some people are led astray
by the ones that they love.

Cost:

Love has a unique price
that some are willing to pay.

Courage:

You will need courage
to live your dreams.

Credentials:

There is a tendency to look at “past committed relationships” as an indicator of willingness “to commit” and you would be right, just not the way you thought.

Criticism:

No one can withstand
constant criticism.

Cryptography:

“I still love you;
I’m just not in love
with you.”

Custody:

Children do not care about their parent's personal fulfillment; they want them to stay together.

Cynicism:

A cynic is unable to see the benefits of marriage.

Deception:

Money and sex provide
the greatest incentive
for lying.

Declaration:

You have to tell someone
that you love them.

Definition:

It takes more than
a relationship to
define oneself.

Deliberation:

The longer you date,
the less likely you will
get married.

Delusion:

Some people are
immune to reality.

Demarcation:

Sooner or later the subject of children will be brought up.

Denial:

Some people feel
unworthy of love
and behave accordingly.

Departure:

Sometimes you do not realize
that you love someone until
they are walking out the door.

Deprivation:

There is no love
like lost love.

Derision:

Those who possess self-control
are routinely ostracized.

Destiny:

Divorce lawyers make
a great living off of couples
“destined to be together.”

Destruction:

Nothing can destroy
your life like lust.

Detachment:

There is a desire to believe
that once love starts to leave
it will come to its senses
and walk right back.

Diagnosis:

Promiscuity is both a symptom and cause of low self-esteem.

Dialogue:

You often tell people
what they want to hear.
The real conversation is
what you say to yourself.

Dignity:

There is a quiet dignity
in marriage.

Diminishment:

The more sexual partners you have,
the less satisfied you will be.

Disappointment:

Disappointment reveals itself
in many ways.

Disclosure:

Some people will tell you
their deepest darkest secrets,
except how much money they have.

Discrepancy:

After an argument there
will be an attempt to state,
“That’s not who I am!”
In reality that is exactly who you are.

Discretion:

Youthful indiscretion may follow you throughout life.

Discussion:

If there is no discussion
about the future with you,
there is no future with them.

Disenchantment:

Absence makes the heart
grow fonder and then cold.

Dishonesty:

Dishonesty permeates
all facets of your life.

Disillusionment:

There is a difference between what love should be and what really love is.

Disparity:

Couples with a disparity
in age rarely stay together.

Distance:

If you are trying to prove to your “ex” that you have moved on, you haven’t moved.

Distinction:

Falling in love and
staying in love are
two different subjects.

Distortion:

What was once very clear
has now become distorted.

Distraction:

Those who do not know
where they are going
are easily distracted.

Division:

The world will destroy
a divided couple.

Divorce:

The impact of divorce may never be understood.

Documentation:

You need to document the good times to get you through the bad times.

Drama:

The appreciation of a reward is proportional to the effort that is necessary to achieve that reward.

Effort:

Like all good things,
love requires effort.

Egress:

When someone is
“only good for one thing,”
it is time to leave.

Emotion:

Relationships live and die by
the ability to understand emotions.
Love is won and lost by what is said,
and more often than not what is unsaid.

Emphasis:

You may never truly
know someone.

Emptiness:

There is no feeling like
the absence of love.

Encouragement:

Some people reward
bad behavior without
even knowing it.

Encroachment:

You may think that you want to
“push someone’s boundaries.”
Just don’t be surprised when
the boundary pushes back.

Entitlement:

You cannot expect someone to completely support you financially or emotionally without resentment.

Epitome:

The love that a parent has for their child may transcend space and time.

Equality:

There is a belief that
“If a man can do it...”
amongst some women.
Is there anything worse
than seeing a woman
dragged down to a man’s
level?

Equity:

Emotional investments feel
like financial investments.

Escape:

There is no
easy way
to leave.

Euphemism:

People buy cars all the time,
without test driving them first.

Euphoria:

Euphoria is not
meant to last.

Eventuality:

You may think that you have entered into a mutual agreement. Yet somehow, someone decides that “they want something more than sex.”

Exercise:

The physically fit are more satisfied in their relationship.

Exodus:

The period after violence when
“Everything is going to be alright,”
“It will never happen again.”
May be the chains that keep you
tied down.

Expectations:

Until you are married
you really don't know
what to expect.

Faith:

You believe that love
will find you when
the time is right.

Family:

Nobody can undermine
or support your relationship
like your family.

Fantasy:

A fantasy wedding
does not make
a fantasy marriage.

Fatigue:

Life affects our
ability to love.

Fear:

You cannot overstate
the effect of fear on
your relationships.

Femininity:

Femininity is often confused
with subservience.

Fertility:

You may not have
as much time as
you think to have
a healthy baby.

Finance:

The ability to control your emotions will dictate your ability to control your money.

Focus:

Do not forget that 50%
of married couples,
stay married.

Folly:

Some people base
their self-esteem
on their promiscuity.

Foresight:

The greatest obstacles are
unforeseen on the horizon.

Forewarned:

Before you even think about getting married, maybe you should read the traditional vows:

“For richer, for poorer”

“In sickness and in health”

“Forsaking all others”

“Til death do us part”

Forgiveness:

The power of an apology
is not fully understood.

Formality:

Living with someone and
living with someone you married
are two different subjects.

Frailty:

Sometimes people are not as strong as you would like them to be.

Friendship:

Everyone needs someone to complain about the one's that they love.

Frivolity:

There are some that confuse
no responsibility with freedom.

Frustration:

Even the best couples have moments of frustration.

Futility:

Poets and philosophers
have long written about
the futility of love...alone.

Gambling:

There is a belief that the longer you stay unmarried.

The greater the probability that your investment of time and emotion will pay off.

Genetics:

Some people are born
with a cheating heart.

Gossip:

People have always
compared and contrasted
each other.

Governance:

The woman in a society
set the standard for
acceptable male behavior.

Greed:

If your affection necessitates jewelry,
you get what you deserve.

Grief:

Some may never get over
the loss of a loved one.

Guilt:

Some people feel no guilt
and behave accordingly.

Happiness:

Happiness is the
aspiration of a child.

Hedonism:

Those who pursue pleasure
will only find misery.

Hindsight:

You will regret
the kind words
left unsaid.

History:

The terms and conditions of marriage change with each generation.

Honesty:

There is a difference between honesty and malice.

Hopelessness:

Some people view children as a burden and behave accordingly.

Hostility:

You may find yourself cursing someone that does not love you back.

Humor:

You can tell a lot
about a person by
what they laugh at.

Hypocrisy:

The most corrupt
present themselves as
the most forthright.

Idealism:

Time tempers idealism.

Identity:

If you do not know who you are
before a relationship starts
you may never know.

Immorality:

The world pays for every
abandoned child in
untold ways.

Impetus:

Accidental pregnancies
are not always accidental.

Imposition:

There is no feeling like
“Having to get married.”

Impression:

You may not immediately like
the one you end up loving.

Impropriety:

A lifetime of goodwill can
be undone in an instant.

Impulsivity:

The inability to delay or deny immediate gratification will dictate every part of your life.

Incentive:

When problems are resolved with sex, trouble becomes an incentive.

Incongruency:

When your life is full of wrong turns
there comes a time when you say,
“Maybe it’s me?”

Indifference:

You will walk away from
the one you once ran to.

Indoctrination:

Much of what you believe about relationships has been shaped by the entertainment industry.

Inevitability:

You will love someone who
does not love you back.

Infatuation:

There is a time when
you can only focus on
what you are feeling.

Influence:

Parental relationships continue to influence their children's relationships.

Insanity:

Science has proven what
poets and philosophers
have said for millennia,
love will make you crazy.

Instigation:

Everyone has a breaking point
the great instigators find it
and then claim to be “The Victim”
when there is a response.

Introduction:

Your first sexual experience will provide context to your behavior.

Insurance:

Love has no guarantee.

Intelligence:

Some people understand the rules of love better than others.

Interpretation:

You may feel that you are
“just having fun.”

The person you are with
may not feel the same way.

Intimacy:

Sex is often a substitute
for intimacy.

Intoxication:

Intoxication reinforces
bad decisions.

Introduction:

How you are introduced
to family and friends
makes all the difference
in the world.

Introspection:

Only the brutal reality of being alone will lead you to ask the important questions.

Intuition:

Love defies logic.

Inventory:

Love is not a list of
arbitrary demands.

Invisibility:

No matter how attractive
you were when you were young
one day you will be invisible.

Irony:

The irony of being manipulated is that you actually defend the person that is using you.

Isolation:

Keeping someone from
the things that they love,
will not make them love you.

Jealousy:

No couple is as perfect
as they appear.

Jewelry:

One of the greatest marketing tricks ever employed is that of "The Ring." The belief that the artifice of jewelry is the true representation of love. If you only knew what went on behind the scenes at a diamond mine, you wouldn't think, "The Ring Is The Thing."

Judgement:

People have always
been judged by their
sexual behavior.

Legacy:

Every person must ask themselves what are they living for.

Liability:

Love for someone
has a unique risk.

Liberation:

There is a freedom that
transcends lust and greed.

Limitations:

There are limits to what someone is willing to endure.

Loneliness:

Promiscuity will only make you feel more lonely.

Loyalty:

Some people are
above temptation.

Lust:

You may find yourself
sleeping with someone
you do not even like.

Manipulation:

Some people say “I love you”
just to manipulate you.

Masculinity:

Masculinity is often confused with dominance.

Mathematics:

The small things
that divide you
multiply over time.

Maturity:

Maturity focuses more on the risks of love and less on the rewards of love.

Mimicry:

There are a variety of tricks to induce someone into thinking you are something you are not.

Misdirection:

Some people have a genuine talent for telling you what you want to hear.

Modesty:

The whole world does not have to know everything about your relationship.

Monogamy:

There is no stability
without monogamy.

Morality:

Some people do not accept moral judgement for their immoral behavior.

Mortality:

Once you realize that you are not going to live forever you appreciate love on a deeper level.

Music:

Just try falling in love
without music.

Nostalgia:

The memory of first love
will last a lifetime.

Negotiation:

If you are unable to state what you want, you will never get what you want.

Objectivity:

Every one of your friends
and family is an expert
on your relationship.

Obsession:

You cannot make
someone love you.

Obsolescence:

There are some who think that men are no longer necessary as husbands and fathers.

Opportunity:

A threat to leave is actually
an invitation for an apology.

Options:

You may have been taught to “keep your options open,” yet in reality the more options that you have, the less satisfied you are.

Pace:

There is a quiet resentment that looms when someone is not meeting their gender imposed definition in the division of labor.

Paradox:

Nothing feels more isolating than constantly meeting new people.

Parenting:

Raising children may be
one of life's greatest joys.

Passion:

Only young love acts
without hesitation.

Patience:

Despite “your dreams” and “your goals” love does not operate on your time schedule. Love often occurs when you least expect it, and at the worst possible time.

Perception:

You may not see yourself
as others see you.

Perfection:

When you try to change one thing about someone, you invariably change something else.

Perspective:

Rejection may be the best thing that has ever happened to you.

Petulance:

There are some that refuse to comply with traditional behavior and then wonder why they are miserable.

Polarity:

Love is responsible for
the highest highs and
the lowest lows.

Politics:

Political discussions
never go as planned.

Possession:

People are not possessions
to be showcased.

Possibility:

There is moment in every relationship when you are aware of all that you are willing to do.

Power:

Power has many
attractive forms.

Predation:

There is a fine line between promiscuity and predation.

Predictor:

Nothing destroys a marriage
like financial problems.

Premise:

Only time will tell
if true love exists.

Preparation:

Nothing can prepare you
for the challenges of
marriage and children.

Pressure:

There are a variety of family, social, and religious pressures that say you will get married and who you will marry.

Prevention:

To avoid being hurt
the emotionally unavailable
are pursued.

Probability:

It is good to see
an accident waiting
to happen, so you can
stay out of their way.

Productivity:

What would happen if you applied the same energy to your personal development as you do towards promiscuity?

Progression:

Love does not require
secret arbitrary tests.

Prohibition:

There is nothing more exciting than “forbidden love.”

Eventually there is no one to hide from and the excitement is gone.

Promiscuity:

Promiscuity is a statistical sample that never ends.

Proof:

If you are looking for
a reason to leave
you will find it.

Propaganda:

Love exists beyond
movies and music.

Proposal:

How you ask the question
may be just as important
as the question.

Proposition:

Stated very simply
you either believe in love
or you do not believe in love.

Prostitution:

If you really knew what drove someone to sell their body, you would never solicit a prostitute.

Provocation:

The ubiquitous availability of pornography may force you into believing that a world of sex exists without consequences or regret.

Race:

You can pretend
the fault line of race
does not matter,
until you feel it.

Rationalization:

Some people will
try to justify their
abhorrent behavior.

Readiness:

Just because you are physically able to do something does not mean that you are emotionally prepared.

Realization:

There comes a time in every relationship when the fog of emotion lifts. And you are left with the facts of the situation.

Recognition:

Love does not
crave adulation.

Reconsideration:

You may be “just having fun”
and then one day you decide
“you want more than fun.”

Regret:

Sometimes it takes years
to realize that opportunity
has passed you by.

Religion:

If you don't think your religious difference will be a problem, you have not studied religion.

Remorse:

Some questions
have no answers.

Repercussions:

How you are treated in childhood
will dictate your ability to love.

Repetition:

“On Again-Off Again” couples rarely stay together.

Requirement:

Love demands sacrifice.

Resentment:

When love walks out the door,
the memory remains.

Resignation:

If someone leaves you,
do not chase after them.

Resilience:

Some people find
the courage to
love again.

Resolution:

Those who resolve to stay together
find a solution to their problems.

Respect:

If you do not have mutual respect
what do you have?

Revelation:

There is a moment when
you see someone as
they really are.

Revenge:

Your desire for revenge
begins by being rejected.

Romance:

There is a romance
that confirms reality.

Sabotage:

Some people will destroy
a relationship when
they feel vulnerable.

Salvation:

Some people do not want help,
some people cannot be helped.

Scarcity:

Empires die and love fades
when you start to believe.

“There has got be something more.”

Seduction:

The absence of seduction may feel like the absence of love.

Separation:

Whether you leave or are left,
you may find yourself saying
something that will never leave.

Sexism:

Society is far kinder
to older men than
to older women.

Sexuality:

There is a fine line
between healthy sexuality
and unresolved trauma.

Silence:

Silence can say all that
needs to be said.

Specialization:

You may consider your partners inability to do something as very important or unimportant, and you behave accordingly.

Stability:

You cannot put a price
on emotional stability.

Status:

There is no greater joy than
building something together,
starting from nothing.

Stealth:

Some people live
concurrent lives
without suspicion.

Stillness:

There is a moment when
the talking ends and the
real conversation begins.

Stoicism:

Some people put the needs of their family ahead of their own.

Subservience:

There is no greater form of subservience than being responsible for someone's happiness.

Support:

There is no feeling like
the right words at the
right time.

Surrogacy:

Some people have all of the responsibilities of a spouse with none of the benefits.

Sustainability:

Relationships become untenable without apology or forgiveness.

Temptation:

There is a fine line between attraction and action.

Tension:

There is an underlying current that can propel a relationship and it involves waiting.

The great drama of “Will They?” or “Won’t They?”

Thrift:

Financial stability decreases
the probability of emergency.

Title:

Marriage is a title.

Being married is
an obligation.

Tradition:

Some family traditions
need to die so that
new traditions can be born.

Trajectory:

You are either progressing
or you are regressing in
your life.

Transition:

Some people willingly
accept the responsibility
for another.

Translation:

Some people only speak
the language of love.

Trust:

Trust is the essence of love.

Type:

If you have dated a “type” over the years and you are not married, maybe it is time for a new “type.”

Vanity:

Some people abhor
not getting the attention
they think they deserve.

Victimization:

True violence is external and internal.
No one can ever see the scars from
violence in all of its forms.

Violence:

Your relationship is over
with the first strike whether
you realize it or not.

Virtue:

There are those who
would trip the virtuous
just to see them fall.